



Bible Reading Plan Journal

July 2025

Memory Verses

**Hebrews 10:22-24**

(Encouragement and Hope, both ourselves and others)

**English Standard Version (ESV)**

**22** let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.

**23** Let us hold fast the confession of our hope without wavering, for he who promised is faithful.

**24** And let us consider how to stir up one another to love and good works,

**New International Version (NIV**)

**22** let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

**23** Let us hold unswervingly to the hope we profess, for he who promised is faithful.

**24** And let us consider how we may spur one another on toward love and good deeds,

**New Living Translation (NLT)**

**22** let us go right into the presence of God with sincere hearts fully trusting him. For our guilty consciences have been sprinkled with Christ’s blood to make us clean, and our bodies have been washed with pure water.

**23** Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.

**24** Let us think of ways to motivate one another to acts of love and good works.

Week 1 – July 7-11

**Monday | Philippians 1**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 1 – July 7-11

**Tuesday | Philippians 2**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 1 – July 7-11

**Wednesday | Philippians 3**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 1 – July 7-11

**Thursday | Philippians 4**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 1 – July 7-11

**Friday | Ephesians 5:1-14**

**Observations:**

Are there any repeated words, phrases, or themes in the passage? If so, what are they?

Write down any promises, truth statements, or commands in the passage.

What is written before and after the passage that may help you understand what the author is trying to communicate?

**Questions:**

What statements or words are confusing to you that need further explanation?

What should you be asking yourself to better understand the meaning of the text?

Week 1 – July 7-11

**Focus Passage - Friday | Eph 5:1-14 (continued)**

**Main Idea:**

What are the potential themes in the passage?

What seems to be the main idea?

Can you capture the main idea in 15-20 words?

**Implications:**

What does the main idea of the text imply for believers?

**Application:**

What applications can be made based on the main idea of the text?

How does the main idea of the text have application in your own walk with Christ?

**Digging Deeper Notes:**

Week 2 – July 14-18

**Monday | Colossians 1**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 2 – July 14-18

**Tuesday | Colossians 2**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 2 – July 14-18

**Wednesday | Colossians 3**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 2 – July 14-18

**Thursday | 1 Colossians 4**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 2 – July 14-18

**Friday | Ephesians 5:15-21**

**Observations:**

Are there any repeated words, phrases, or themes in the passage? If so, what are they?

Write down any promises, truth statements, or commands in the passage.

What is written before and after the passage that may help you understand what the author is trying to communicate?

**Questions:**

What statements or words are confusing to you that need further explanation?

What should you be asking yourself to better understand the meaning of the text?

Week 2 – July 14-18

**Focus Passage - Friday | Eph. 5:15-21 (continued)**

**Main Idea:**

What are the potential themes in the passage?

What seems to be the main idea?

Can you capture the main idea in 15-20 words?

**Implications:**

What does the main idea of the text imply for believers?

**Application:**

What applications can be made based on the main idea of the text?

How does the main idea of the text have application in your own walk with Christ?

**Digging Deeper Notes:**

Week 3 – July 21-25

**Monday | 1 Thessalonians 1**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 3 – July 21-25

**Tuesday | 1 Thessalonians 2**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 3 – July 21-25

**Wednesday | 1 Thessalonians 3**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 3 – July 21-25

**Thursday | 1 Thessalonians 4**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 3 – July 21-25

**Friday | Ephesians 5:22-33**

**Observations:**

Are there any repeated words, phrases, or themes in the passage? If so, what are they?

Write down any promises, truth statements, or commands in the passage.

What is written before and after the passage that may help you understand what the author is trying to communicate?

**Questions:**

What statements or words are confusing to you that need further explanation?

What should you be asking yourself to better understand the meaning of the text?

Week 3 – July 21-25

**Focus Passage - Friday | Eph. 2:22-33 (continued)**

**Main Idea:**

What are the potential themes in the passage?

What seems to be the main idea?

Can you capture the main idea in 15-20 words?

**Implications:**

What does the main idea of the text imply for believers?

**Application:**

What applications can be made based on the main idea of the text?

How does the main idea of the text have application in your own walk with Christ?

**Digging Deeper Notes:**

Week 4 – July 28-Aug 1

**Monday | 1 Thessalonians 5**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 4 – July 28-Aug 1

**Tuesday | 2 Thessalonians 1**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 4 – July 28-Aug 1

**Wednesday | 2 Thessalonians 2**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 4 – July 28-Aug 1

**Thursday | 2 Thessalonians 3**

**Highlight** (Principle, Promise, Command, or Characteristic about God that the Lord brings to you)

**Implication** (What impact does this have on my life?)

**Apply** (How can I respond practically to this in my life?)

Week 4 – July 28-Aug 1

**Friday | Ephesians 6:1-9**

**Observations:**

Are there any repeated words, phrases, or themes in the passage? If so, what are they?

Write down any promises, truth statements, or commands in the passage.

What is written before and after the passage that may help you understand what the author is trying to communicate?

**Questions:**

What statements or words are confusing to you that need further explanation?

What should you be asking yourself to better understand the meaning of the text?

Week 4 – July 28-Aug 1

**Focus Passage - Friday | Eph 6:1-9 (continued)**

**Main Idea:**

What are the potential themes in the passage?

What seems to be the main idea?

Can you capture the main idea in 15-20 words?

**Implications:**

What does the main idea of the text imply for believers?

**Application:**

What applications can be made based on the main idea of the text?

How does the main idea of the text have application in your own walk with Christ?

**Digging Deeper Notes:**